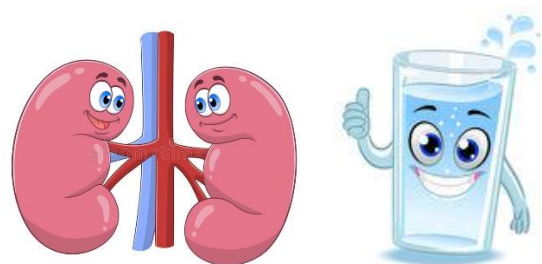




To minimize wait time, **Pre-order** your meal by calling between:  
9am – 10:30am for lunch  
1:00pm - 3:30pm for dinner & tomorrow's breakfast

## Renal Diet



Your doctor has ordered a renal diet which limits sodium and potassium. This also limits you to 5 cups a day fluid restriction. Each of your meals will come with 1 cup of fluid (water, coffee or juice) and nursing will provide the remaining 2 cups.

*If you have questions regarding your diet, please request to speak to a registered dietitian.*

## Room Service Menu Renal Diet

### BREAKFAST

(available from 6:30am-11:00am)

### LUNCH & DINNER

(available from 11:00am-6:30pm)

**To place your order please call  
3663 (FOOD)**

Welcome to room service.  
Please limit your order to one (1) entrée per meal.  
If your physician has prescribed a modified diet for you, some items may not be allowed.  
We will be happy to help you with your meal choices.

*Family & Visitors are invited to enjoy our Ohana Café located on the Ground Floor.*

# BREAKFAST

(available from 6:30am-11:00am)

## Breakfast Plates

Includes White Rice

**Sunrise Breakfast** Served with *Choice of* Scrambled Eggs, Low Cholesterol Scrambled Eggs, or Hard Boiled Egg

**2 Egg Omelet** Served with *Choice of* Egg or Low Cholesterol Eggbeaters *Choice of Fresh* Bell Pepper, Mushroom and Onion

## Bakery & Breads

Croissant	Pancakes
Bagel (Plain or Blueberry)	Buttermilk Biscuit
Blueberry Muffin	Waffle
White Toast	French Toast



## Cereals

Rice Krispies®	Corn Flakes®	Cheerios®
Frosted Flakes®		
Oatmeal	Cream of Wheat	Cream of Rice

## Fresh Fruits

\*all fresh fruits selections subject to seasonal availability)

Apple	Papaya with Lemon
Pear	Pineapple



## Canned Fruits

Applesauce	Mixed Fruit	Peaches	Pears
Tropical Fruit			

## Local Favorites (available for all meals)

**Loco Moco** Charbroiled Beef Patty, Scrambled Egg and Low Sodium Brown Gravy Served on White Rice

**Low Sodium Saimin** served with Low Sodium Pork, Scrambled Egg, Kamaboko and Green Onion

**Aloha Bento Pack** served with a Musubi and *Choice Of* Marinated Mirin Fish or Grilled Chicken Breast and Edamame

## Beverages

Limitations apply

**Hot Coffee:** Regular or Decaffeinated

**Hot Tea:** House Genmai, Yamamoto Green, Lipton, Herbal or Decaffeinated

**Juice:** Grape, Cranberry Cocktail, Apple or Guava

**Cold:** Iced Water, Iced Tea, Crystal Light, 1% Milk, Skim Milk, Whole Milk, 1% Chocolate Milk, Almond Milk or Soy Milk

## Condiments

Limitations apply

Butter	Jelly (Apple, Mixed Fruit or Grape)	Mustard
Margarine	Sugar-Free Jelly (Grape, Blackberry or Strawberry)	
Mayonnaise	Light Mayonnaise	Pepper
Lemon	Salt-Free Seasoning	Sour Cream
Honey	Low Sodium Shoyu	Cream Cheese
Syrup (regular and Sugar-Free)		(Plain, Light or Strawberry)

Non-Dairy Creamer, Sugar, Equal, Sweet & Low, Splenda

# LUNCH & DINNER

(available from 11:00am-6:30pm)

## Entrées

Entrée Include White Rice

Accompanied with *Choice Of* Carrots or Green Beans

**Beef Pot Roast** served with Low Sodium Brown Gravy

**Hamburger Steak** served with Caramelized Onion and Low Sodium Brown Gravy

**Low Sodium Tofu Stir Fry**

**Grilled Salmon Fillet** served with choice of Sauce

**Chicken Fillet** served with choice of Sauce

**Grilled Mahi Mahi** served with choice of Sauce

**Sauces:** Ginger, Pesto, Lemon Caper or Garlic Aioli



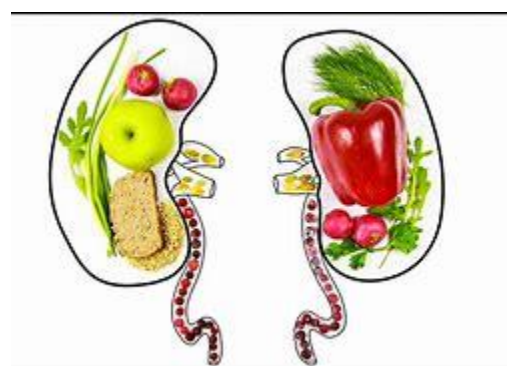
## Entrée Salads

Choice of Side of Bread available upon request.

**Caesar Salad** served on Romaine Lettuce, with *Choice of* Chicken or Salmon

**Chef Salad** served on a bed of Lettuce, Boiled Egg, and Low Sodium Turkey

**Salad Dressings (limitations apply):** House Dressing, Balsamic Vinaigrette, Ranch (regular and low fat), Italian (regular and low fat), 1000 Island (regular and low fat), French (regular and low fat)



## Other Delicious Entrées

**Fresh from the Deli** (Build your own Sandwich)

Build a Sandwich include Lettuce, Onion, and Pickles

*Choice Of* Low Sodium Turkey, Roast Beef, Tuna or Egg Salad Sandwich

*Choice Of* White Bread, Flat Bread, Brioche Bun or Flour Tortilla

**Grilled Chicken Wrap** served in a flour tortilla Served with Lettuce, Onion and Pickles

**Pasta with Italian Style Meatballs** served with Pesto Sauce

**Pasta** Served with Pesto Sauce

**Build-A-Burger** served on Brioche Bun with Lettuce and Onion

*Choice of* Charbroiled Beef or Chicken Breast

## Lunch & Dinner Sides

Limit Two (2) Lunch & Dinner Sides

**House Toss Salad** with *Choice Of*

**Salad Dressings (limitations apply):** House Dressing, Balsamic Vinaigrette, Ranch (regular and low fat), Italian (regular and low fat), 1000 Island (regular and low fat), French (regular and low fat)

**Soups** (Accompanied with Oyster Crackers)

Soup of the Day	Beef Broth	Miso Soup
Vegetable Broth	Chicken Noodle Soup	Chicken Broth

## Desserts

Limit Two (2) Desserts

**Fresh Fruits** \*all fresh fruits selections subject to seasonal availability

Apple, Papaya with Lemon, Pineapple or Pear

**Canned Fruits:** Applesauce, Mixed Fruit, Peaches, Pears, Tropical Fruit

**Gelatin Dessert:** (regular or Sugar-Free) Lemon, Lime, Orange or Strawberry

**Sweets:** Vanilla Wafers

