



East Hawaii Health
1190 Waiuanueue
Plastic Surgery

NEW PATIENT REFERRAL CHECKLIST

1190 Waiuanueue Ave, Hilo, HI 96720

Phone: (808) 932-3722 Fax: (808) 932-3729

GENERAL REQUIREMENTS FOR ALL SURGICAL PATIENTS

- >50 years of age: CMP and CBC, <50 years of age: CBC and BMP
- EKG > 60 years of age or if underlying cardiac issues are present
- PT and INR for patients on Coumadin
- Cardiac clearance/PCP clearance for surgical patients requiring anesthesia
- Problem specific previous diagnostic results such as biopsy results, previous operative reports and/or imaging studies, etc.
- Completed referral sheet, demographics page, current medication list and most recent progress notes reflecting the need for referral.

PROBLEM SPECIFIC REQUIREMENTS

Breast Reduction

- Mammogram (>40 years old) within 1 year
- Documented history of skin rash for 3 months with provider treatment **OR**
- Documented history of pain (shoulder, neck, upper back pain) – NOT LOWER BACK PAIN
- Physical Therapy/Massage Therapy/Chiropractor office visit notes for 6 months

Breast Reconstruction

- Completion of ALL recommended imaging ordered by Oncologist
- Completion of mammogram within 1 year for remaining breast

Hidradenitis

- Active medical management with topical therapy, long-term oral antibiotics and/or Humira.
- Stable disease not in active flare-up

Abdominal Lipectomy/Panniculectomy for Weight Loss (Natural or Surgical)

- Bariatric surgery performed at least 18 months ago
- Stable weight for 6 months
- Chronic skin rash and infections for at least 3 months
- Documented skin rash if not at a goal weight

Skin Cancers

- Biopsy results
(Confirmed skin cancer priority of face, hands, scalp or feet)
(Extremities/trunk may be deferred to General Surgery for scheduling purposes)



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